THE ULTIMATE BEGINNERS GUIDE TO THE FASCINATING WORLD OF LATEX

RUBBER LIFE

How to live out the latex fetish lifestyle of your dreams!

FOREWORD BY Violet Blue

Written by 3xL the latex fetishist behind LustLoveLatex.com and LatexWiki.com

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RUBBER LIFE

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FOREWORD

by

Violet Blue

www.tinynibbles.com

There is something about you that is different. But you have lived with it for so long, there is a part of you that doesn't even notice it, anymore. You just work around it. Another part of you can't stop thinking about it.

Most people have heard of the famous magician, Harry Houdini. He was a stunt performer, magician, and self-styled "escapologist" who was quite famous around 1900 – the previous turn of the century. When we see images of Houdini today, whether in illustrations from the colorful and slightly sinister show posters to images of him in early photography, they often show Houdini doing one thing.

He is in tight and restrictive clothing, and typically a suit of bondage.

He was a showman and a prankster, and lived his life in the open. Perhaps Houdini was one of the more refined fetishists, having learned what he likes and groomed it into a socially acceptable, publicly shareable fetish. One thing was clear, Houdini loved to wear shiny, tight, body-hugging, restrictive garments, and he loved to wear them in public.

Harry Houdini was a loved man. He was lucky; his sweetheart was also his onstage assistant. She too had a love and understanding for the need for Houdini to feel the way he did, to experiment and explore what he wrapped his body in next. She even helped him along in his body-encasement experiments. This was a true love.

So true and was her acceptance, actually her celebration, of her lover's fetish, she was also much more complicit in the acts than many people knew. It was rumored that one of the secrets to Houdini's escape acts was in the magical kiss the pair would share before he would submerge into a daring act of bondage.

He was locked in; and in her mouth, she held the key. One kiss, and he was delivered.

Many of us, those reading this book, have longed for that kiss. Sleeping beauties of latex, wide awake, ready to flower. This book is where it all begins. And beyond.

This book is the cornerstone for your interest, your love, your obsession and your freedom in latex and rubber. There is no other book like it. Reading the pages, you can practically smell the tang of latex. You can hear the sharp squeak, you can imagine without much effort the feel of your skin when a cold object presses up against you latex-clad body. It's vivid in its depictions because it is true, real, and a concrete guide by someone who loves latex, and Rubber Life.

The journey to this book wasn't an easy one, for the author, nor for most of us. The result is a butterfly free from its chrysalis.

If you don't know where to start, or even how you got here, Rubber Life takes you by the hand. If you're a seasoned rubber lover, this book is a delightful and required accessory to your cabinet, and peppered with gems of information you'll be glad you read – and is filled with more inspiration than thought possible.

One of the things this book does not shy away from is connection. Few books that dare to touch on dressing fetish have any clue about communities, etiquette, making friends, hooking up or combining real relationships with latex life. This book dares, and makes having a rubber fetish, or simply an affinity for latex, that much more meaningful and rewarding. It's not a clique; it's a place to be beautiful and belong.

Finally.

Enjoy this indispensable book.

Violet Blue
San Francisco, 2011.

Photo: Alexander Horn. Model: Akina Oiszo.

HOW TO USE THIS BOOK

This book was written as an introduction to latex. It is intended for anyone who has a latex fetish. However, it can also be used as a comprehensive reference guide for more experienced latex fetishists or as an introduction for somebody who doesn't know anything about latex fetishism. Instead of being a theoretical guide from a lifestyle outsider, this book is based on my own experiences, and is intended as an eye opener for anybody who wants to enjoy their fetish for latex but is not yet doing so.

The first chapter looks at the possible origins of your latex fetishes and why latex appeals to you so much. The second and third chapters cover all you need to know in order to build a latex wardrobe, from comprehensive shopping guide to the do's and don'ts of latex care. This is followed by a chapter on coming out and the things that you need to take into account in order to do so. The last two chapters are about how you can connect with the latex fetish community in order to get a network of friends or even a like-minded partner. The first of these chapters covers finding your place in the fetish community, both locally and globally. The second covers how to find and attract a potential latex partner.

Each chapter starts out with an introduction, followed by the content divided into subsections dealing with specific areas and finishes off with a short summary and a suggested list of actions. In each chapter you will also find relevant images and boxes with tips, tricks and facts that can enhance your latex experience.

In the back of the book you will find an appendix and useful online resource guide as well as more information about me, the author.

I have tried my best to cover the questions and issues most beginner latex fetishists encounter, but please keep in mind that I'm not a professional sexual counselor, nor have I completed any special education. This is just my personal advice and suggestions and should be taken as such. What you do with the information is up to you.

3xL, Essen 2010. Photo: Maxime Avet.

INTRODUCTION

by

3xL

You know, I think that I'm a lot like you. I first discovered my fetish for latex in my early teens. Primarily, it came from wearing rubber rainwear, which the developed further, through the influence of fetish imagery in books and magazines. Throughout my teens I was constantly fantasizing about women in shiny clothing and often masturbated in rubber rainwear. I bought my first latex item, a pair of moulded briefs, in my early twenties and was ashamed, that the latex turned me on so much.

From early on I used to dream about how it would be to wear latex or how fantastic it would be to make love to someone in latex. But since I never had the guts to tell my girlfriend about what I was into, I ended up in a non-kinky marriage. I tried to hint at it, but found that I lacked the words to express my feelings. As a result for many years the pure fear of rejection from my spouse and family and the shame of being thought of as weird kept me from doing anything about it. I was denying myself what I really wanted and I had nobody to talk to about it. I tried to ignore it to make it go away and even threw out my entire latex wardrobes, twice. I was stuck in the closet... and I was unhappy.

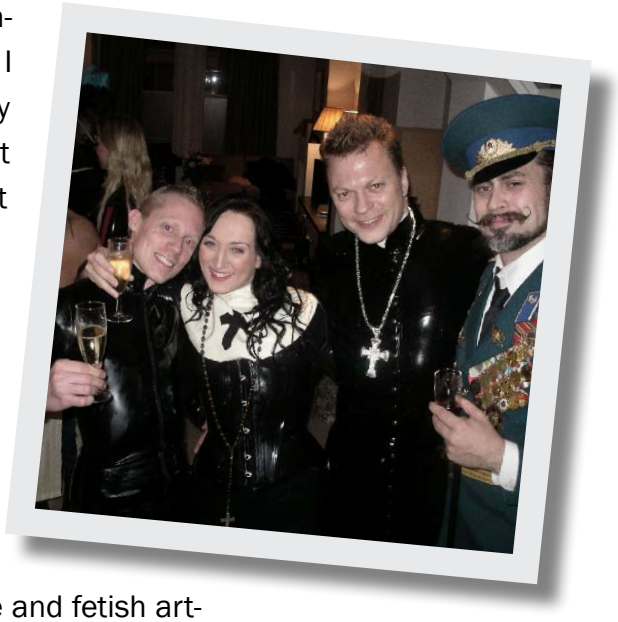
What I really wanted was to live out my latex fetish, to explore my sexuality and to be a part of the fetish community. I dreamed of going to fetish parties and being around like-minded people who understood me. And of course, like everybody else, I dreamed about having a latex lifestyle partner.

Introduction

So I started to look around for a solution. My search took me to the internet where I became a regular at all the latex forums and kinky chat rooms. I talked to a lot of people around the world, who were either in, or had been in exactly the same situation. This helped me become more and more aware of my situation, what latex fetishism meant to me and what I needed in my life to find happiness. I realized that I had to come out and finally find my path. It was not as easy as saying it might sound. Actually it was one of the most frightening things that I have ever done, but I did it and it was maybe the best thing I ever did for myself.

In the years that followed, I tried to get my partner into latex. I tried everything, from negotiation, counselling and pampering up to ultimatums. Simultaneously, I started a journey into the fetish community. I learned what to wear, where to go and where to meet interesting people. Soon I was living a double life, where I was keeping up appearances in my everyday life and living out my fetish life in the fetish realm.

In the end it became too much for me. I hated the fact that I had to pack away my latex fetish every time I returned home from one of my adventures into the fetish realm. For years I had tried to unite my fetish with a non-kinky relationship, but in the end I realized that I would never find real happiness if I did not fully embrace my latex fetish. This doesn't mean that trying to convert a partner cannot work. It just didn't work for me. So, I left my old life to start a new life - a rubber life!



Today, the latex lifestyle has become a natural part of me and represents who I am. I'm married to a lovely woman - Latex Kitty, who loves me for who I am and shares my love for latex. We enjoy kinky sex, love to explore and try new things. Our home is adorned with latex furniture and fetish artworks. We arrange latex gatherings in our community and are regulars at our local fetish

club. We love to travel together to fetish events and meet latex friends from around the world. Being able to live the latex fetish lifestyle to this extent is much more that I could ever have dreamed of, so naturally, I'm a very happy guy.

During my coming out process I looked all over for a book on how a person can come to terms with a fetish for latex, how to come out to a partner and how to get out and meet people from the fetish community. I never found any. I also realized that that there are many others like me out there, who want nothing more than to live out their latex fetish, but for some reason they are unable to make progress. So, after having gone through all of this myself, I decided to write a book which contained all of the information that I wished I had had available to me when I was about to "come out" - an ultimate beginners guide to the latex fetish lifestyle!

In this book you will get to know more about your own latex fetish. You will learn how to identify what turns you on, get tips on what to wear and learn how to care for your latex clothing. You will also learn how to embrace your fetish, how to establish yourself in the global latex community and, ultimately, how to find a latex-minded partner.

It took me a long time to finally feel that I had all the information and answers, needed to make this book happen. Now that it's finally done, I hope that it will contribute something to your life and that you also will find your happiness.

Enjoy your Rubber Life!

3xL

Copenhagen, 2011.

3xL & Latex Kitty, Berlin 2007.

CHAPTER ONE

LATEX AND YOU

> "Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."
>
> **Mark Twain**

LATEX AND YOU

Living with a latex fetish can be both a blessing and a curse. If you are able to fulfill your fetish, your love of latex can make you feel like you are in heaven. For some, it may also bring frustration, fear and shame. Many latex fetishists don't understand the reasons for their fetish and as a result, may find it extremely hard to talk to others about it.

One of the hardest things many latex fetishists face is telling their partners, families, and friends about their latex fetish. Some live secret double lives, with a stash of latex clothing hidden away in the deepest part of their basement or closet and a lifetime of unfulfilled dreams.

In this chapter, we will take a closer look at what is behind latex fetishism in order to help you understand yourself better. By enabling you to verbally express the reasons for your latex fetish, it may make it easier for you to tell others about your lifestyle.

Origins

Why am I like this? Why does this material have such power over me? Knowing the answers to these questions can help someone understand the origin of their fetish. It is the first step to a better understanding of it and what makes it so special for you. Many latex fetishists claim to know exactly what experience or event it was that tuned them on to latex but others do not have this knowledge.

Possible Latex Fetish Origins

Here is a list of reasons that people often cite as being the origin of their latex fetish:

- Wearing rubber diaper pants as a child.
- Sleeping on a rubber sheet as a child.
- Wearing rubber rainwear as a child.
- Seeing latex in written media or TV/movies.
- Having a partner who was into latex.

Don't worry... You are OK!

Don't be worried if your experience is not on the list. There is no right or wrong here. Sometimes there is no clear answer, and that's ok too.

I clearly remember being excited about rubber and latex in my early teens. I masturbated wearing yellow rain pants and a jacket, sniffing and touching myself though the rubberized cotton. I believe without doubt that this exposure to latex combined with sexual stimulation wired my preference for latex into my brain during puberty.

Credits: Warner Bros.

In the movie "Batman returns" (1992), director Tim Burton reinvented the character "Catwoman" with Michelle Pfeiffer and dressed her in a skintight latex outfit that was made for the movie by "Syren" founder Andy Wilkes. The performance made an impression - many fetishists recall the movie fondly.

Do you remember when you first discovered your interest for latex? Think back to your earliest experiences with rubber or latex. Where were you? What were you wearing? What were you doing?

I believe that exposure to latex, under the right conditions, combined with strong emotions and/or pleasure, can develop into a latex fetish.

Turn ons

What turns you on about latex? Chances are that you already know the answer to that question. Latex has many qualities that appeal to the latex fetishist. Understanding these will enable you to more accurately describe what turns you on about latex.

LOOK

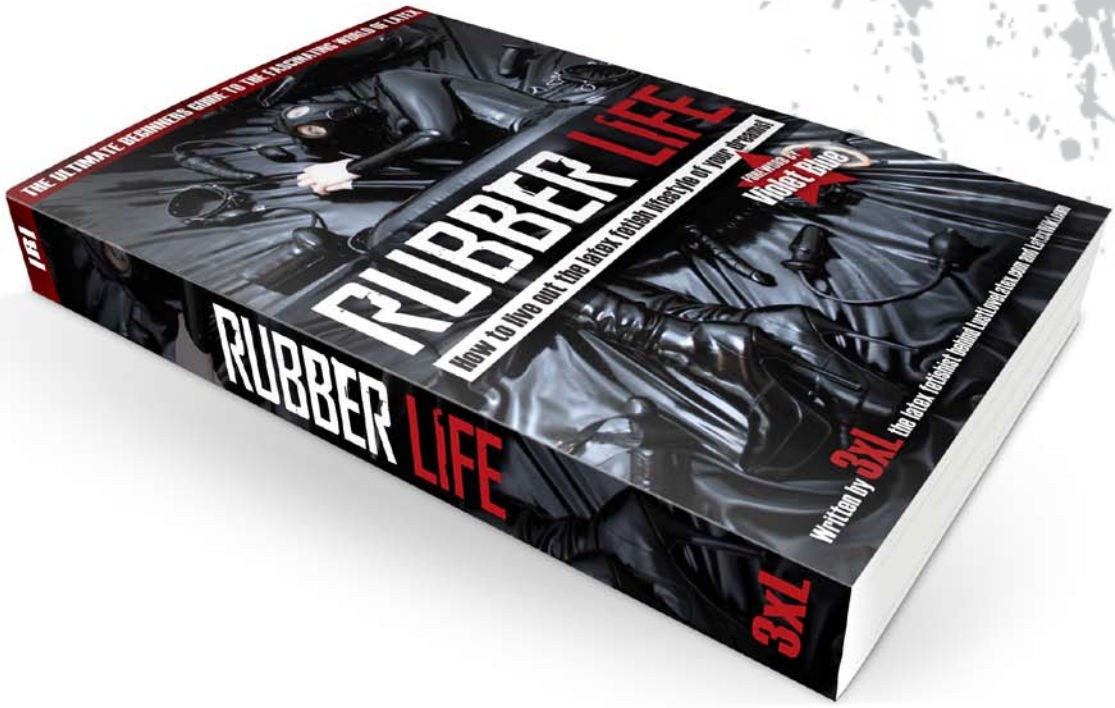
Almost anyone can appreciate the sight of a body wrapped in shiny latex. Some prefer un-shined dull latex. Regardless of which finish they prefer, the look of skin tight latex can arouse people in a way that other materials may be unable to do.

FEEL

Wearing latex is very unique and special. Many describe it as feeling like as "a second skin". It feels like being engulfed or

END OF PREVIEW

Purchase the full version of this book including all six chapters with tons of information and useful tips on how you can live the latex lifestyle!



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